

N.C.K.A. RULES IN EFFECT:

- All contestants must wear safety equipment
- Chest guard for all Junior Sparring

SCHEDULE OF EVENTS:

8:15 AM ALL PKS DIVISIONS
 9:00 AM REGISTRATION OPENS
 9:45 AM MEGA TEAM FORM
 10:30 AM **ALL WEAPON FORMS BLACKBELT AND UNDER BLACKBELT**
 11:15 AM.....BLACK BELT FORM
 -----BLACK BELT & UNDER BLACK BELT MUSICAL FORM
 12:00 PM **Under Black • Creative Form**
 12:30 PM **Team Form - Black Belt • Under Black Belt**
 1:30 PM JUDGES MEETING
 1:45 PM..... ALL UNDER BLACK BELT FORM
 -- SPARRING BEGINS IMMEDIATELY AFTER FORM --
 2:30 PM.....Under Black • Adult Team Sparring
 2:45 PM.....JR. BLACK BELT SPARRING
 3:30 PM.....ADULT BLACK BELT SPARRING

Adult • Black Belt • Team Sparring • Follows

FEES:

1st Event Adv. Registration \$35.00 At the door \$ 45.00
 2nd Event \$20.00
 Each Additional Event \$15.00
 Team Form Team members must be individually registered
 Spectators Adult -- \$8.00
 Children (5-12) -- \$4.00 • Under 4 years -- FREE

Advance Registration Only

FAMILY COMPETITOR DISCOUNT \$5.00 PER PERSON

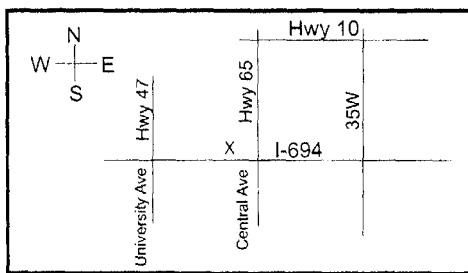
AWARDS:

- 1st, 2nd, 3rd Place winners will receive trophies
- Two 3rd Place trophies in all sparring divisions
- 4th Place trophies in all form divisions
- All Youth Finalists will receive medals
- **Eleven** Black Belt Grand Championship trophies
- All Mega Team Form competitors will receive competition trophies
- 1st Place Mega Team receives a grand champion trophy
- 1st Place Black Belt Team receives a grand champion trophy
- No Division larger than 16 competitors

FRIDLEY SENIOR HIGH SCHOOL

Hwy 65 & W Moore Lake Drive, Fridley, MN

Exit 694 & Hwy 65 (Central Ave) north, approx. 3/4 mile to W Moore Lake Dr. 1/2 mile west on Moore Lake Drive



-- FOR MORE INFORMATION CALL --

(763) 757-3447

FAX (763) 767-9224

**SPONSORED BY BILL AND CORLYN MILLER
 PROFESSIONAL KARATE STUDIOS
 12587 Central Avenue N.E.
 Blaine, MN 55434**

FORMS More Divisions will be added if needed.

Under Black Belt Traditional - Same Five Divisions in all age groups (White/Gold) (Green) (Purple/Blue) (Red) (Brown)

- 5 & under
- 6 - 7 years
- 8 - 9 years
- 10 - 11 years
- 12 - 13 years
- 14 - 15 years
- 16 - 17 years
- Women 18 - 29
- Women 30 & over
- Men 18 - 29
- Men 30 - 39
- Men 40 & over

Black Belt Traditional & Creative Empty Hand (Boys) • (Girls) • (Men) • (Women)

- 11 & younger
- 12 - 14 years
- 15 - 17 years
- Women 18 - 29
- Women 30 - 39
- Women 40 - 49
- Women 50 & over
- Men 18 - 29
- Men 30 - 39
- Men 40 - 49
- Men 50 & over

ALL WEAPONS DIVISIONS AT 10:30 AM

Under Black Creative Weapons • (Red & Under) (Brown-Blk St.)

- Jr. Boys
- Jr. Girls
- Adult Men
- Adult Women

Traditional Weapons (Red & Below) (Brown/Black Stripe)

- 10 & younger
- 11 - 12 years
- 13 - 14 years
- 15 - 17 years
- Women 18 - 29
- Men 18 - 29
- Men 30 & over
- Women 30 & over

Black Belt Traditional & Creative Weapons

(Boys) • (Girls) • (Men) • (Women)

- 11 & younger
- 12 - 14 years
- 15 - 17 years
- Women 18 - 29
- Women 30 - 39
- Women 40 & over
- Men 18 - 29
- Men 30 - 39
- Men 40 & over

Under Black Creative Open Hand Form

- Jr. Boys
- Jr. Girls
- Adult Men
- Adult Women

Musical (Under Black) (Black)

- 17 & Under Boys
- 17 & Under Girls
- 18 & over Men
- 18 & over Women

Under Black Team - 2 Divisions

Black Belt Team

Advanced Mega

Mega Team - All belts *Starts at 9:45 AM

Self Defense Division

- Jr. Boys
- Jr. Girls
- Adult Men
- Adult Women

SPARRING More Divisions will be added if needed.

Under Black Belt - Same Five Divisions in all age groups

(White/Gold) (Green) (Purple/Blue) (Red) (Brown)

- 5 & under
- 6 - 7 years
- 8 - 9 years
- 10 - 11 years
- 12 - 13 years
- 14 - 15 years
- 16 - 17 years
- Women 18 - 29
- Women 30 & over
- 2 weight div's (if needed)
- Men 18 - 29
- Men 30 - 39
- Men 40 & over

Girls and Boys will be separated from the ages of 10 and older

Black Belt

- Girls 17 & younger (3 Divisions)
- Boys 17 & younger (4 Divisions)
- Women 18 - 29
- Women 30 - 39
- Women 40 & over
- Men 18 - 29
- Men 30 - 39
- Men 40 - 49
- Men 50 & over

Both age and size will be a consideration in the junior divisions

N.C.K.A. Rules

Foam dipped safety equipment is required for sparring

CENTRAL STATES OPEN KARATE CHAMPIONSHIPS

NAME (Print) _____ AGE _____ SEX _____

HOME ADDRESS _____
STREET CITY ZIP PHONE

KARATE SCHOOL OR CLUB NAME _____

INSTRUCTOR'S NAME _____ MY RANK _____

PLEASE CHECK YOUR EVENTS: PKS FORM MUSICAL MEGA TEAM SPARRING
 TEAM SPARRING TRADITIONAL WEAPONS CREATIVE WEAPONS CREATIVE FORM TRADITIONAL FORM

I, the Undersigned, do hereby apply for participation in the P.K.S. Karate Championships. I do hereby assume any and all responsibility for any and all losses, damages, and/or injuries I may sustain or incur, if any, while attending and participating. I hereby waive any and all claims against the officials, host, promoters, operators, sponsors and fellow participants of the tournament, individually, or jointly, for any losses, damages and/or injuries. I also agree that any and all photographs taken by the officials of the tournament action are the sole property of the tournament officials, to be used as they wish. If the undersigned is under 18 years of age, this release must be signed by a parent or guardian.

CONTESTANT'S SIGNATURE PARENT OR GUARDIAN SIGNATURE DATE

Number of Spectators	_____	= \$	_____
Number of Events	_____	= \$	_____
Family Discount	_____	= \$	_____
Total Due		\$	_____